

Recovery Curriculum at Underley Garden.

At Underley Garden we acknowledge that there have been big losses to children during the ongoing Covid-19 pandemic. We acknowledge that children and young people will have had different experiences during this time. However, the common thread running through all is the loss of routine, structure, friendship, opportunity and freedom. These losses can trigger anxiety in any child.

We know that an anxious child is not in a place to learn effectively. We believe our holistic and personalised approaches are embedded in order to support our young people at this difficult time.

To help us to maintain a safe and predictable provision for our young people, our recovery curriculum focuses on the following areas:

<i>Mental Health and Well-being</i>	
What support will this provide?	What this looks like.
<ul style="list-style-type: none"> - Predictable routine - Consistent boundaries providing a safe environment to lower anxieties - Opportunities to express themselves - Developing building relationships in social settings - Supporting pupils to understand and express their emotions - Developing independently regulating emotions - Providing fun and active learning opportunities 	<p>-Continuing with familiar structure and routine within the school day, to provide children with experiences that feel like the “norm”</p> <p>-Providing enjoyable activities and play based learning to provide learners with “fun” so that they can rejuvenate with positive endorphins and want to engage.</p> <p>-There are regular opportunities for pupils to engage in self-regulation activities such as sensory breaks, active breaks and use of therapeutic resources such as the Sensory Integration suite, Rebound therapy, and the Nurture room space. The nurture room is available to spend 1:1 or group time to support SEMH needs when needed.</p> <p>- There are regular and intensive opportunities to practise communication, so learners are able to feel like they have a voice and are able to express wants and needs at their own level.</p> <p>- Learners who live at home will have missed out on many experiences such as active play with peers. They will be naturally exposed to this within the school environment and these experiences will be built into their school day. Some structures and boundaries may be different in school due to social distancing and keeping to “bubbles”. These are supported where possible by therapeutic tools such as social stories and visuals, as well as being transparent with those that are able to process and understand this information.</p> <p>-The school structure and flexibility of the school day allows for opportunities for the pupil to express themselves and express the experiences they have had when they aren’t in school.</p> <p>-There are regular sessions to explore and express emotions and given support in independently regulating behaviour and emotion.</p> <p>-There are clear routines, which are supported in ways that are appropriate to the needs of the child/YP. As we know that predictable routine is vitally important for any YP, especially those with SEND.</p> <p>For those that aren’t attending school due to parental choice or isolation:</p> <ul style="list-style-type: none"> - Twice weekly welfare catch up by the teacher. - Work/ activities sent home that are achievable to complete with some level of independence, considering the pedagogy that is most impactful to the learner.



- Video link to some sessions to encourage interaction with peers and encourage a routine (Based on the needs of the child)
- Learners won't have missed any opportunities that puts them "behind" due to the flexibility of our holistic curriculum.

Gaps in learning and Meta-cognition

What support will this provide?	What this looks like.
<ul style="list-style-type: none"> - Learning to learn in a variety of ways to support independence - Naturally filling gaps in skills knowledge as part of the already embedded curriculum - Individualised approaches 	<p>-As a SEND school delivering education to a diverse group of young people, our curriculum is naturally adapted and tailored to meet individual needs; we believe all young people deserve the right to an education that will support them to become happy and confident individuals with qualifications and achievements that will support them in their future. Our staff team is dedicated to creating a curriculum that is flexible and ensures it is based around young people's individual needs.</p> <p>-We aim to provide a broad and balanced curriculum, including a focus on independence skills that is inclusive and accessible to all.</p> <p>-We help prepare children and young people for the next stages in their life</p> <p>-We deliver activities that provide suitable learning challenges, giving every young person the opportunity to experience success and achieve as much as possible.</p> <p>-We devise individual approaches and interventions, in response to the curriculum, to match young people's diverse learning needs, interests and strengths.</p> <p>-As well as this, these children will most likely have significant gaps in learning and metacognition, due to a multitude of barriers to learning. The curriculum implementation utilises a Spiral curriculum approach, scaffolding and building upon skills and knowledge with the aim of progressively increasing competency, taking into consideration the learners cognitive load.</p> <p>-We recognise that all of our learners have gaps in learning as a given. Our curriculum pathways a tailored to the specific needs of the child and young person. We believe our curriculum as a whole is a "Recovery curriculum"</p> <p>-The curriculum pace is flexible and aims to close learning gaps that are meaningful. Some young learners may utilise the personalised curriculum to develop their metacognition to support them in best access the national curriculum, as opposed to replacing it.</p> <p>-Lack of community participation is safely replicated in the school environment; such as work experience opportunities on site. We have an onsite "café", and thrift shop, as well as a "laundry".</p>